

MEDICAL ADVISORY BOARD

FUTURE PERFECT

What is the most innovative beauty treatment on the market?



DERMATOLOGY

Dr. Tina Alster
DIRECTOR OF THE
WASHINGTON INSTITUTE
OF DERMATOLOGIC
LASER SURGERY

@drtinaalster

"Combining treatments, such as microneedling or lasers, with various topical and intralesional injections for the treatment of scars."



Dr. Kenneth R. Beer FOUNDER AND DIRECTOR OF COSMETIC BOOTCAMP

"Pairing body-contouring devices that tighten skin or freeze fat with Sculptra Aesthetic injections to create collagen is changing the way we treat areas off the face."



PLASTIC SURGERY

Dr. Bradley Bengtson
GRAND RAPIDS, MI
PLASTIC SURGEON

MiraDry has traditionally been used for hyperhidrosis patients, but is now being mainstreamed to treat any patient desiring a reduction in sweat and axillary odor."



Dr. Kelly Bomer scottsdale, az facial plastic surgeon prejuvent.com

"Microneedling with radio frequency is a new treatment that has the potential to tighten skin and melt subcutaneous fat. As with all new, heat-based therapies, time will show the best techniques to achieve desired results."



Dr. Joel Cohen
DENVER DERMATOLOGIST
aboutskinderm.com

"The pendulum is swinging back to procedures that deliver great results with one treatment session. Patients used to want to have no downtime, but now 10 to 14 days of healing time as the result of one full-field erbium resurfacing laser for the etched-in lines around the mouth and eyes is worth it to them."



Dr. Charles E. Crutchfield III
EAGAN, MN
DERMATOLOGIST

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"Using patients' own growth factors and cytokines to rejuvenate skin and promote hair growth, the use of platelet-rich plasma (PRP) is one of the most exciting advances in our field since Botox."



Dr. Steve Dayan
CHICAGO FACIAL PLASTIC SURGEON
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"When using PRP, I've seen better skin-rejuvenating benefits when paired with microneedling, heightened hair growth when combined with supplements and better scar results when paired with fillers."



Dr. Jeanine B. Downie
MONTCLAIR, NJ
DERMATOLOGIST

DERMATOLOGIST

@drjeaninedownie

"There has been a surge in patients willing to undergo combination procedures as they look more at their entire face in relation to aging—the texture of their skin, volume loss, fine lines and wrinkles."



Dr. Steven Fagien
BOCA RATON, FL
OCULOPLASTIC SURGEON
drfagien.com

"Using the concept of lights and shadows, a technique borrowed from artists over the ages, we now have a better understanding of how to get better results with injectable agents for our patients."



Dr. Julius W. Few director of the few institute for aesthetic plastic surgery

@JuliusFewMD

"The concept of prejuvenation: the dedicated effort of using our understanding of aging to prevent its signs before they appear with nonsurgical strategies that are cost-effective."

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